FIRE
Redness, Irritated, Sensitive Skin, Excessive Heat and Perspiration, Couperose Irritated Scalp
EARTH
Blemishes, Toxicity, Acne, Psoriasis, Enlarged Pores, Heavy Looking Hair, Lymphatic and Circulation Problems
METAL
Dry Skin, Surface Flakiness, Dull Lifeless Skin, Dry Scalp, Issues of Circulation and Varicose Veins
WATER
Skin Lacking Tone, Dehydration, Wrinkles Limp Hair with no Volume, Scalp Lacking Tone, Water Retention
WOOD
Oily Skin, Blackheads, Hyper-Pigmentation and to Promote Energy Circulation